



Reaching IN...Reaching OUT

Mentor–Internship Trainer Model



The RIRO-BBT Mentor–Internship Model was developed to increase capacity for sustainable delivery of the RIRO & BBT Resiliency Skills Training programs in non-profit organizations & their communities.

The following provides information about our Mentor–Internship Trainer model:

- An authorized RIRO or BBT Trainer who has delivered the program satisfactorily* *is eligible to apply* to become a RIRO or BBT Mentor and offer a RIRO or BBT Internship to a colleague to become an authorized RIRO or BBT Trainer
- Service providers who have completed the revised** 2-part RIRO Resiliency Skills Training program are *eligible to apply* to do a RIRO or BBT Internship with an authorized RIRO or BBT Trainer who has been approved by Reaching IN...Reaching OUT to serve as a mentor for the intern
- The mentor and intern work together to prepare for and deliver either the 2-part RIRO Resiliency Skills Training (twice) or 10-session BBT Resiliency Skills Training (once) in their community
- The mentor provides Reaching IN...Reaching OUT with a formal evaluation of the intern's performance as a trainer and capacity to deliver the RIRO or BBT program independently

To become an INTERN, the applicant must submit a formal application to Reaching IN...Reaching OUT including:

- 1) Evidence of a strong background in facilitating parent groups (BBT) or professional development (RIRO)
- 2) Proof of completion of the revised** 2-part RIRO Resiliency Skills Training program (** the revised RIRO program was launched in September 2016)
- 3) Signature from his/her manager supporting the applicant to become a RIRO or BBT intern

To become a MENTOR, the applicant must submit a formal application to Reaching IN...Reaching OUT including:

- 1) a signature from his or her manager supporting the applicant to serve as a RIRO or BBT mentor to the specified intern. This includes facilitating, with the intern, two 2-part RIRO training groups OR one 10-session BBT training group
- 2) recommendation regarding the suitability of the intern to become a RIRO or BBT Trainer
- 3) agreement to provide a formal evaluation of the intern's performance
- 4) agreement to deliver the RIRO or BBT Training with the intern within 12 months of application approval from Reaching IN...Reaching OUT.

Qualifications to apply to become a mentor:

- **RIRO Mentor** - successful delivery of at least two revised 2-part RIRO Skills Trainings for service providers (the revised RIRO materials were launched in September 2016)
- **BBT Mentor**- successful delivery of at least one 10-session BBT Skills training.

(*Successful delivery is based on an average of at least 5 points out of 7 for delivery and content as rated by 1) RIRO participants on feedback forms at the completion of the Adult and Child skills training OR 2) BBT parents on weekly feedback forms.

* Note: a \$250 fee + postage and handling will be charged for training materials. This fee includes consultation with Reaching IN...Reaching OUT for professional services associated with the internship (including support for training content & delivery, evaluation and administration).

For an application package, please contact Jennifer Pearson – jennifer@reachinginreachingout.com