

RIRO POST-TRAINING & FOLLOW-UP SURVEYS

RIRO Skills Training Program

(Combined results from professionals/paraprofessionals receiving training from May 2006 to Jan 2010)

Post-training Follow-up Survey*

- **96%** of respondents report **using the skills at work** and **92%** are **using the skills elsewhere**.
- The skills are **very useful** in helping respondents **better understand children's behavior** (average rating **4.3** on 5-point scale).
- The skills are also **very useful** in helping respondents **better understand their own response to stressful situations** and **other adults' behavior** (rated **4.2** & **4.0** respectively on 5-point scale).
- The **top five ways** that the resiliency **skills help adult participants** are:

1. Putting things into perspective	83%
2. Assessing children's behavior & thinking	73%
3. Being understanding/ supportive with families	73%
4. Reducing their own stress	72%
5. Understanding, being more empathic with children	70%
- **98%** report they **role model** the resiliency skills **with children** at work or home (**99%** of ECEs).
- **93%** say the skills training helps them **support positive changes in children**.
- The **top five ways** respondents have observed the **skills helping children** are:

1. Calming down	76%
2. Problem solving	71%
3. Seeing mistakes as OK	68%
4. Being confident in their abilities	64%
5. Helping others (empathizing)	62%
- **51%** of the respondents have also seen **children use the skills with their peers** (**60%** of ECEs receiving the training more than 3 months prior to survey)
 - The **longer** it has been since their skills training, the more likely respondents are to report **seeing the children using the skills with their peers** (peak at 14-16 weeks post-training).
- Respondents are **very satisfied** with the resiliency skills training they received (**4.3** on 5-point scale).

**An abridged email survey based on the Nov-Dec '05 follow-up survey was sent out on Dec. 07, May 08, Oct. 08, Mar. 09, June '09 & Feb. '10 to participants 6 to 28 weeks after training (based on 575 respondents; 29% overall response rate, range 26-35%)*

Immediate Post-training Evaluation: Rating of Training Content & Delivery

- The **usefulness of RIRO's skills training content** and the **quality of delivery** are rated **highly by participants** (*adult skills training*: average **6.6** and **6.5** respectively on a 7-point scale, *n* = 2361 respondents; *child applications training*: average **6.4** & **6.3**, *n* = 1709)
- There are **no statistically significant differences in ratings** of the **content** or **trainers' delivery** **across geographical regions** or **between new and experienced RIRO trainers**. This confirms that post-training ratings by participants are the consistent irrespective of trainer or location.

SUMMARY

Results from all follow-up surveys and post-training evaluations are consistent with each other and confirm the findings from RIRO's original pilot study and 2005-6 follow-up survey and provide support to the fidelity of the model.