

Parent Success Story

Confidence

This story is from Charles in London, Ontario.

Learning to make choices

Children need to learn to make choices. But, in the end, you want what you want to be done. You don't want a big hassle. In order to not get the fuss, you offer them choices of what you want to happen.

For example, if it's time to go to bed, you can ask your child, "Are you going to walk upstairs to bed yourself or will daddy carry you? Or in the parking lot or street, you can ask, "Are you going to hold Daddy's hand or is he going to carry you (or depending on the child's age, you could offer a stroller ride).

Those are the kind of choices you offer. I find it saves a lot of aggravation.