

# Children's Storybooks

## Thinking Skills

Berger, S. & Huberman Viscardi, H., **Junior Goes to School** (2003)

Junior is starting school and he is awake all night worrying about an array of hilarious "what ifs?" Of course, his catastrophic predictions don't occur and his first day at school is a positive experience.

Bruel, R., **Bob and Otto** (2007)

Otto, the worm feels inferior about his preoccupation with digging into the earth when his good friend, Bob the caterpillar, climbs a tree and turns into a butterfly. Otto's thinking changes when Bob points out the benefits both he and the earth receive from his friend's constant tunnelling in the dirt. (Recommended for children 3 yrs.+)

Button, L., **Willow's Whispers** (2010)

Willow is painfully shy and can barely speak above a whisper. After wishing and thinking and planning, Willow makes a magic microphone from a recycled paper towel tube that helps a loud, clear voice emerge. When the microphone gets crushed, Willow's new view of her abilities remains strong as does her voice. (Recommended for children 4 yrs.+)

Galloway, R., **Clumsy Crab** (2007)

Nipper the crab finds a new way to think about himself when the same claws that make him feel clumsy actually prove to be his special gift. (Recommended for children 2 yrs.+)

Katie, B., **Tiger, Tiger Is it True?** (2009)

A young tiger realizes his "always /everything" thinking is making him feel mad and sad. He changes his thinking and his feelings change, too. (Recommended for children 5 yrs.+)

Reynolds Naylor, P., **King of the Playground** (1994)

A dad helps his son Kevin overcome his worries about a schoolyard bully by gaining perspective and self-confidence about the situation. (Recommended for children 3 yrs.+)

Saltzberg, B., **Beautiful Oops!** (2010)

This is a wonderful interactive book about creatively making the most of those inevitable mistakes we make along the way. (Recommended for children 3 yrs.+)

Watt, M., **Scaredy Squirrel** (2008)

Scaredy Squirrel never leaves his tree because he is worried about the "worst case" scenario. However, life happens and Scaredy discovers some wonderful things about his ability to enjoy life beyond the safety of his tree. (Recommended for children 4 yrs.+)

**More children's storybooks to support resilience:**

[www.reachinginreachingout.com/resources-booksKids.htm](http://www.reachinginreachingout.com/resources-booksKids.htm)