

Children's Storybooks

Confidence

Chaconas, D., **Dancing with Katya** (2006)

Katya loves to dance with her older sister Anna, but when she contracts polio her dancing days seemed threatened forever. However, Anna finds a creative way to bring the joy of dancing back to Katya's life. (Recommended for children 3 yrs.+)

James, S., **Little One Step** (2003)

With his older brother's encouragement, a baby duck discovers that if you take one step at a time, you eventually get where you are going. (Recommended for children 3 yrs.+)

Henkes, K., **Kitten's First Full Moon** (2004)

Kitten tries all kinds of ways to reach the "saucer full of milk" she sees when she looks at the full moon. (Recommended for children 2 yrs.+)

McCain, B.R., **Grandmother's Dreamcatcher** (1998)

Kimmy is nervous about being without her parents for a week while they look for a new place to live. But her Grandmother helps Kimmy make a dreamcatcher to conquer her fears and bring her sweet dreams. (Recommended for children 3 yrs.+)

Oxenbury, H., **TOM and PIPPO and the Bicycle** (1993)

Tom is frustrated when his stuffed animal, Pippo, keeps falling off the back of his bike. However, his older friend helps him make a seat for Pippo and reassures him that someday he will have a big bike, too. (Recommended for children 18 months+)

Pomerantz, C., **Flap Your Wings and Try** (1989)

A baby bird wishes he could fly like the older birds in his family. With his sister's encouragement, he finds out that all he has to do is try. (Recommended for children 2 yrs.+)

Watanabe, S., **I Can Build a House** (1982)

A young bear is determined to build a playhouse that doesn't fall over. With some imagination and problem solving, he succeeds. (Recommended for children 18 months+)

Yamaguchi, K., **Dream Big Little Pig** (2011)

With a big dose of encouragement from her family and friends, Poppy feels confident enough to keep on trying to make her dreams come true. (Recommended for children 3 yrs.+)

More children's storybooks to support resilience:

www.reachinginreachingout.com/resources-booksKids.htm